

# ALC December 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45- Free Exercise class by CCC 11:00-12:00 - Coffee Club</p> <p>1:00-4:00 - Billiards 1:00-4:00 - Monday Movie &amp; Chat</p>	<p>3. 9:00-12:00 - Coffee Club &amp; Billiards 9:00-12:00 - Creation Circle</p> <p>1:00-2:00 - Learn Together Workshop 2:00-3:00- Rummikub 3:00-4:00- Bible Study: Gospel of Mark</p>	<p>4. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45- Free Exercise class by CCC 11:00-12:00 - Coffee Club</p> <p>1:00-4:00 - Billiards 1:00-3:45 - <b>TechKnow</b></p>	<p>5. 9:00-12:00 - Coffee Club &amp; Billiards 11:00-12:00 - Garden Club</p> <p>1:00-2:00 - Boggle &amp; Yahtzee 2:00-4:00 - <b>Holiday Gift Wrapping</b> 2:00-4:00 - Creation Circle</p>	<p>6. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - Coffee Club</p> <p>1:30-3:30 - <b>Friday Craft: Intro to Quilling Pt. 2</b></p>
<p>9. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45- Free Exercise class by CCC 11:00-12:00 - Coffee Club</p> <p>1:00-4:00 - Billiards 1:00-3:30 - Monday Movie &amp; Chat</p>	<p>10. 9:00-12:00 - Coffee Club &amp; Billiards 9:00-12:00 - Creation Circle 11:00-12:00: Garden Club</p> <p>1:00-2:00 - Learn Together Workshop 2:30-3:30 - Music Bingo: Christmas Tunes</p>	<p>11. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45- Free Exercise class by CCC 11:00-12:00 - <b>Potluck</b></p> <p>1:00-4:00 - Billiards 1:30-3:30 - <b>Holiday Workshop: Ornament Making</b></p>	<p>12. 9:00-12:00 - Coffee Club &amp; Billiards 11:00-12:00-</p> <p>1:00-2:00 - Puzzle Club 2:00-4:00 - <b>Holiday Gift Wrapping</b> 2:00-4:00 - Creation Circle</p>	<p>13. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - Coffee Club</p> <p>1:30-3:30- <b>Friday Craft: Miscellaneous Finishing Crafts</b></p>
<p>16. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45- Free Exercise class by CCC 11:00-12:00 - Coffee Club</p> <p>1:00-4:00 - Billiards 1:00-4:00 - Monday Movie &amp; Chat</p>	<p>17. 9:00-12:00 - Coffee Club &amp; Billiards 9:00-12:00 - Creation Circle</p> <p>1:00-2:00 - Learn Together Workshop 2:00-3:00- Dutch Blitz 3:00-4:00- Bible Study: Gospel of Mark</p>	<p>18. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45- Free Exercise class by CCC 11:00-12:00 - Coffee Club</p> <p>12:00-2:00 - <b>Congregate Dining*</b> 1:00-4:00 - Billiards 2:00-3:00- <b>Monika from Colour Paradise</b></p>	<p>19. 9:00-12:00 - Coffee Club &amp; Billiards 11:00-12:00 -Garden Club</p> <p>1:00-2:00- Book Club Discussion 2:00-4:00 - <b>Holiday Gift Wrapping</b> 2:00-4:00 - Creation Circle</p>	<p>20. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - Coffee Club</p> <p>1:30- 3:30 <b>Friday Craft: Winter Garlands</b></p>
<p>23. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - Coffee Club</p> <p>1:00-4:00 - Billiards 1:00-4:00 - Monday Movie &amp; Chat</p>	<p>24. ALC Closed - Happy Holidays</p>			
<p>25. ALC Closed - Happy Holidays</p>		<p>26. ALC Closed - Happy Holidays</p>		<p>27. ALC Closed - Happy Holidays</p>
<p>30. ALC Closed - Happy Holidays</p>		<p>31. ALC Closed - Happy Holidays</p>		

**RED:** Registration Required  
**BLACK:** Drop in Program  
**BLUE:** Special Series  
**GREEN:** Guest Speaker  
**\*** : Fees Associated



# ALC December 2024



## **BILLIARDS/SNOOKER**

Drop in throughout the week for billiards or snooker at no charge.

## **SMART GENTLE EXERCISE CLASS BY CCC - FREE**

Community Care Concepts invites you to attend a FREE 45 minute gentle exercise class for seniors, to aid in the daily tasks of stretching, lifting and reaching.

## **COFFEE CLUB**

Drop in for coffee, tea, and treats weekday mornings at no charge.

## **BOOK CLUB DISCUSSION**

Join us on December 19th as we discuss *Camino Island* by John Grisham and receive our next book for January.

## **CONGREGATE DINING**

Join us on December 18th for a delicious meal of *Coleslaw, Turkey and Gravy, Cranberry Sauce, Mashed Potatoes, Dressing, Turnip, Cherry Cheesecake, Tea & Coffee*. This lunch will be held the **third Wednesday each month** going forward, and pre-registration is required by **noon December 13, 2024**. To sign up, call 519-664-1900 or Toll Free: 1-855-664-1900. The fee for this meal is **\$14**.

## **CREATION CIRCLE**

Calling all creatives! This is time for you to work on your knitting, crocheting, embroidery, or any craft you love. We will also crochet blankets and hats to donate and this month, join us in making crochet coasters for holiday gifting!

## **RUMMIKUB, YAHTZEE, BOGGLE, & DUTCH BLITZ**

Step right in for exhilarating card and board games – the fun never stops! Beginners and pros are all welcome here.

## **GARDEN CLUB**

Join us alternate Tuesdays and Thursdays for some indoor gardening. Grow micro-greens, herbs, and other plants that you can enjoy at home.

## **GUEST SPEAKER**

Join us after Congregate Dining on Wednesday, December 18th to hear Monika from Colour Paradise discuss her experience as horticultural therapist and teach us about growing winter plants!

## **LEARN TOGETHER WORKSHOP**

This series gives us the opportunity to learn new skills and think deeper about different topics we may not have delved into before. If you have a skill or topic you'd like to teach or learn, email us at [alc@communitycareconcepts.ca](mailto:alc@communitycareconcepts.ca). Topics this month will include "Historical Happenings in December" (Dec. 3), "The History of Hanukkah" (Dec. 10), "Christmas traditions and their origins" (Dec. 17).

## **MUSIC BINGO**

Join us for bi-weekly on Tuesday afternoons as we revisit some old favourites and discover some new songs.

## **MONDAY MOVIES AND CHAT**

Join us as we screen a blockbuster film and indulge in delicious popcorn. This month's movie features are *Gone with the Wind [Pt. 1]* (Dec. 2), *Gone with the Wind [Pt. 2]* (Dec. 9), *Love's Christmas Journey* (Dec. 16), and *A Magic Christmas* (Dec. 23).

## **PUZZLE CLUB**

Calling all puzzle enthusiasts! Join us for our social puzzle time as we work through different puzzles together.

## **HOLIDAY WORKSHOP**

'Tis the season! Join us as we create little gifts and crafts to give our family during 'the most wonderful time of the year'. Please pre-register as you would for regular crafts to ensure we have enough supplies!

## **TECH-KNOW**

Sign up for guidance with your technological troubles! Register in advance in the ALC on the clipboard for timeslot with a general description of assistance needed.

## **POTLUCK**

Join us on Wednesday, December 11th as we enjoy great food with one another potluck style! Please sign up with what dish you are bringing in advance so we can ensure a well-balanced and delicious meal together.

## **HOLIDAY GIFT WRAPPING**

Special Series: Come and socialize with friends as we prepare for the holiday season together! Bring your gifts and wrapping supplies and take advantage of the opportunity to wrap gifts without your loved ones seeing them!

**CRAFTS- Please see flyer for examples PLEASE NOTE: All CCC Crafts require registration in the ALC, through email at [alc@communitycareconcepts.ca](mailto:alc@communitycareconcepts.ca), or over the phone 519-634-9225 ext. 9340.**

**Intro to Quilling Pt. 2—** Come and experience this unique form of crafting with paper known as quilling! Together we will learn some techniques to the art and work to create a simple design. See flyer for example.

**Holiday Ornaments—** In this holiday workshop we will be creating and/or painting ornaments to decorate our own trees or gift to others! There will be a variety of styles and options for people with different skills.

**Miscellaneous Finishing Crafts—** Is there a craft you started but never got a chance to finish here? Had to miss a class recently? Sign up with the craft you are working on and come in to add the finishing touches! Note: some crafts may not have additional supplies available.

**Winter Garlands—** Join us as we choose from a variety of diy garlands to make for our homes! Some options will include pom-poms, gingerbread houses, and winter hats to add some festive flare.