

ALC January 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>RED: Registration Required</p> <p>BLACK: Drop in Program</p> <p>BLUE: Special Series</p> <p>GREEN: Guest Speaker</p> <p>* : Fees Associated</p>		<p>1.</p> <p style="text-align: center;">ALC Closed - Happy Holidays</p>	<p>2.</p> <p>9:00-12:00 - Coffee Club & Billiards</p> <p>1:00-2:00 - Puzzle Club</p> <p>2:00-4:00 - Colouring Club</p> <p>2:00-4:00 - Creation Circle</p>	<p>3.</p> <p>9:00-9:45 - Free Exercise class by CCC</p> <p>10:00-10:45 - Free Exercise class by CCC</p> <p>11:00-12:00 - Coffee Club</p> <p>1:30-3:30 - Friday Craft: Cardboard Loom Coasters</p>	
	<p>6.</p> <p>9:00-9:45 - Free Exercise class by CCC</p> <p>10:00-10:45 - Free Exercise class by CCC</p> <p>11:00-12:00 - Coffee Club</p> <p>1:00-4:00 - Billiards</p> <p>1:00-3:30 - Monday Movie & Chat</p>	<p>7.</p> <p>9:00-12:00 - Coffee Club & Billiards</p> <p>9:00-12:00 - Creation Circle</p> <p>11:00-12:00: Garden Club</p> <p>1:00-2:00 - Learn Together Workshop</p> <p>2:15-3:30 - Music Bingo: Broadway Tunes</p>	<p>8.</p> <p>9:00-9:45 - Free Exercise class by CCC</p> <p>10:00-10:45- Free Exercise class by CCC</p> <p>11:00-12:00 - Coffee Club</p> <p>1:00-4:00 - Billiards</p> <p>1:00-3:45 - TechKnow</p>	<p>9.</p> <p>9:00-12:00 - Coffee Club & Billiards</p> <p>1:00-2:00 - Brain Games</p> <p>2:00-4:00 - Colouring Club</p> <p>2:00-4:00 - Creation Circle</p>	<p>10.</p> <p>9:00-9:45 - Free Exercise class by CCC</p> <p>10:00-10:45 - Free Exercise class by CCC</p> <p>11:00-12:00 - Coffee Club</p> <p>1:30-3:30 - Friday Craft: Rice Hand Warmers</p>
	<p>13.</p> <p>9:00-9:45 - Free Exercise class by CCC</p> <p>10:00-10:45- Free Exercise class by CCC</p> <p>11:00-12:00 - Coffee Club</p> <p>1:00-4:00 - Billiards</p> <p>1:00-4:00 - Monday Movie & Chat</p>	<p>14.</p> <p>9:00-12:00 - Coffee Club & Billiards</p> <p>9:00-12:00 - Creation Circle</p> <p>1:00-2:00 - Learn Together Workshop</p> <p>2:00-3:00- Dutch Blitz</p> <p>3:00-4:00- Bible Study: Gospel of Mark</p>	<p>15.</p> <p>9:00-9:45 - Free Exercise class by CCC</p> <p>10:00-10:45- Free Exercise class by CCC</p> <p>11:00-12:00 - Coffee Club</p> <p>11:00-12:00 - Dylan from MCC Meat Cannery</p> <p>1:00-4:00 - Billiards</p> <p>1:00-4:00- Euchre & Gin Rummy</p>	<p>16.</p> <p>9:00-12:00 - Coffee Club & Billiards</p> <p>11:00-12:00 -Garden Club</p> <p>1:00-2:00- Book Club Discussion</p> <p>2:00-4:00 - Colouring Club</p> <p>2:00-4:00 - Creation Circle</p>	<p>17.</p> <p>9:00-9:45 - Free Exercise class by CCC</p> <p>10:00-10:45 - Free Exercise class by CCC</p> <p>11:00-12:00 - Coffee Club</p> <p>1:00-3:00 - Intro to Creative Writing</p>
<p>20.</p> <p>9:00-9:45 - Free Exercise class by CCC</p> <p>10:00-10:45 - Free Exercise class by CCC</p> <p>11:00-12:00 - Coffee Club</p> <p>1:00-4:00 - Billiards</p> <p>1:00-4:00 - Monday Movie & Chat</p>	<p>21.</p> <p>9:00-12:00 - Coffee Club & Billiards</p> <p>9:00-12:00 - Creation Circle</p> <p>11:00-12:00: Garden Club</p> <p>1:00-2:00 - Learn Together Workshop</p> <p>2:15-3:30 - Music Bingo: 70s Music</p>	<p>22.</p> <p style="text-align: center;">ALC Closed - Health Fair Upstairs</p>	<p>23.</p> <p>9:00-12:00 - Coffee Club & Billiards</p> <p>10:30-12:00 - Birthday Club</p> <p>1:00-2:00 - Yahtzee & Boggle</p> <p>2:00-4:00 - Colouring Club</p> <p>2:00-4:00 - Creation Circle</p>	<p>24.</p> <p>9:00-9:45 - Free Exercise class by CCC</p> <p>10:00-10:45 - Free Exercise class by CCC</p> <p>11:00-12:00 - Coffee Club</p> <p>1:30-3:30 - Friday Craft: Step-by-step Painting</p>	
<p>27.</p> <p>9:00-9:45 - Free Exercise class by CCC</p> <p>10:00-10:45 - Free Exercise class by CCC</p> <p>11:00-12:00 - Coffee Club</p> <p>1:00-4:00 - Billiards</p> <p>1:00-4:00 - Monday Movie & Chat</p>	<p>28.</p> <p>9:00-12:00 - Coffee Club & Billiards</p> <p>9:00-12:00 - Creation Circle</p> <p>1:00-2:00 - Learn Together Workshop</p> <p>2:00-3:00- Rummikub</p> <p>3:00-4:00- Bible Study: Gospel of Mark</p>	<p>29.</p> <p>9:00-9:45 - Free Exercise class by CCC</p> <p>10:00-10:45- Free Exercise class by CCC</p> <p>11:00-12:00 - Coffee Club</p> <p>1:00-4:00 - Billiards</p> <p>1:00-3:45 - TechKnow</p>	<p>30.</p> <p>9:00-12:00 - Coffee Club & Billiards</p> <p>11:00-12:00 -Garden Club</p> <p>1:00-2:00- Puzzle Club</p> <p>2:00-4:00 - Colouring Club</p> <p>2:00-4:00 - Creation Circle</p>	<p>31.</p> <p>9:00-9:45 - Free Exercise class by CCC</p> <p>10:00-10:45 - Free Exercise class by CCC</p> <p>11:00-12:00 - Coffee Club</p> <p>1:30-3:30 - Murder Mysteries & Escape Room</p>	



ALC January 2025



BILLIARDS/SNOOKER

Drop in throughout the week for billiards or snooker at no charge.

SMART GENTLE EXERCISE CLASS BY CCC - FREE

Community Care Concepts invites you to attend a FREE 45 minute gentle exercise class for seniors, to aid in the daily tasks of stretching, lifting and reaching.

COFFEE CLUB

Drop in for coffee, tea, and treats weekday mornings at no charge.

BOOK CLUB DISCUSSION

Join us on January 16th as we discuss *The Secret French Recipes of Sophie Valroux* by Samantha Verant and receive our next book for February.

CONGREGATE DINING

Congregate Dining will not be taking place for the month of January. It will be returning on the third Wednesday of February.

CREATION CIRCLE

Calling all creatives! This is time for you to work on your knitting, crocheting, embroidery, or any craft you love. We will also crochet blankets and hats to donate.

RUMMIKUB, YAHTZEE, BOGGLE, & DUTCH BLITZ

Step right in for exhilarating card and board games – the fun never stops! Beginners and pros are all welcome here.

GARDEN CLUB

Join us alternate Tuesdays and Thursdays for some indoor gardening. Grow micro-greens, herbs, and other plants that you can enjoy at home.

GUEST SPEAKER

Join us on Wednesday, January 15th to hear Dylan from the new MCC Meat Cannery in New Hamburg tell us about what the location is working on and how we can get more involved!

LEARN TOGETHER WORKSHOP

This series gives us the opportunity to learn new skills and think deeper about different topics we may not have delved into before. If you have a skill or topic you'd like to teach or learn, email us at alc@communitycareconcepts.ca. Topics this month will include "The Halifax Explosion" (Jan. 7), "The History of Fashion" (Jan. 14), "The Romans" (Jan. 21), "The Middle Ages" (Jan. 28).

MUSIC BINGO

Join us for bi-weekly on Tuesday afternoons as we revisit some old favourites and discover some new songs.

MONDAY MOVIES & CHAT

Join us as we screen a blockbuster film and indulge in delicious popcorn. This month's movie features are *The Devil Wears Prada* (Jan. 6), *Dirty Dancing* (Jan. 13), *It's Complicated* (Jan. 20), and *Sherlock Holmes* (Jan. 27).

PUZZLE CLUB

Calling all puzzle enthusiasts! Join us for our social puzzle time as we work through different puzzles together.

INTRO TO CREATIVE WRITING

Do you love to write? Have you always wanted to try? Come and join us as we give a brief overview of different forms of writing and practice trying to create our own masterpieces using various prompts. Registration is required.

BIRTHDAY CLUB

Join us for this new special series where we will celebrate all of the birthdays of the month! Come if its your birthday or to celebrate everyone else's! Treats and coffee will be provided and you are welcome to bring cards or gifts for the birthday individuals if you wish.

COLOURING CLUB

Come and connect with friends new and old as we relax through colouring adult colouring books. We provide the colouring pages, just bring yourself! No registration required.

MURDER MYSTERIES & ESCAPE ROOMS

Work together to engage in the intriguing and challenging world of solving mysteries and trying to escape (virtual) rooms! Depending on group size, this may be done as a whole group or smaller teams.

TECH-KNOW

Sign up for guidance with your technological troubles! Register in advance in the ALC on the clipboard for timeslot with a general description of assistance needed.

CRAFTS- Please see flyer for examples **PLEASE NOTE: All CCC Crafts require registration in the ALC, through email at alc@communitycareconcepts.ca, or over the phone 519-634-9225 ext. 9340.**

Cardboard Loom Coasters— Come and experience this fun way of creating coasters with regular recyclable items we have on hand! See flyer for example.

Rice Hand Warmers— Put your hand sewing skills to the test as we make rice hand warmers to keep our fingers toasty all winter long. All levels of sewing experience welcome.

Step-by-step Painting— Join us as we paint a beautiful picture following instructions step by step. See flyer in ALC for example.