



## **BILLIARDS/SNOOKER**

Drop in throughout the week for billiards or snooker at no charge.

## **SMART GENTLE EXERCISE CLASS BY CCC - FREE**

Community Care Concepts invites you to attend a FREE 45 minute gentle exercise class for seniors, to aid in the daily tasks of stretching, lifting and reaching. Each class has a capacity of 25 participants on a first come, first served basis.

## **COFFEE CLUB**

Drop in for coffee, tea, and treats weekday mornings at no charge.

## **BOOK CLUB DISCUSSION**

Join us on April 17th as we discuss *Mrs. Quinn's Rise to Fame* by Olivia Ford and receive our next book for May.

## **CONGREGATE DINING**

Join us on April 16th for a delicious meal of *Romaine Mandarin Orange Salad, Ham, Scalloped Potatoes, Corn, Lemon Cake, Tea & Coffee*. This lunch will be held the **third Wednesday each month** going forward, and pre-registration is required by **noon April 11th, 2025**. To sign up, call 519-664-1900 or Toll Free: 1-855-664-1900. The fee for this meal is **\$14**.

## **CREATION CIRCLE**

Calling all creatives! This is time for you to work on your knitting, crocheting, embroidery, or any craft you love. We will also crochet (or knit) various items to donate.

## **RUMMIKUB, YAHTZEE, BOGGLE, DUTCH BLITZ, SKIPBO, DOMINOES & CARDS**

Step right in for exhilarating card and board games – the fun never stops! Beginners and pros are all welcome here.

## **GARDEN CLUB**

Join us alternate Tuesdays and Thursdays for some indoor gardening. Grow micro-greens, herbs, flowers, and other plants that you can enjoy at home.

## **GUEST SPEAKER**

Join us on Monday, April 14th as John Dinner from ICC comes to talk to us about the topic of "Living Like You Mean It". No registration is required.

## **LEARN TOGETHER WORKSHOP**

This series gives us the opportunity to learn about pieces of history we may be unfamiliar with as well as learn different skills, if desired. If you have a skill or topic you'd like to teach or learn, email us at [alc@communitycareconcepts.ca](mailto:alc@communitycareconcepts.ca). Topics this month will include "The Seven Wonders of the Ancient World" (April 1), "Prohibition" (April 8), "Easter Symbols and their Origins" (April 15), "The Ottoman Empire" (April 22), "Chernobyl" (April 29).

## **MUSIC BINGO**

Join us for bi-weekly on Tuesday afternoons as we revisit some old favourites and discover some new songs.

## **MONDAY MOVIES & CHAT**

Join us as we screen a blockbuster film and indulge in delicious popcorn. This month's movie features are *Casablanca* (April 7), *Amelia* (April 14), *Chariots of Fire* (April 28).

## **PUZZLE CLUB**

Calling all puzzle enthusiasts! Join us for our social puzzle time as we work through different puzzles together.

## **SCRAPBOOKING**

Bring your scrapbooks and have a ball scrapbooking with friends new and old! We have plenty of supplies so bring your books and pictures and come here for the rest.

## **BIRTHDAY CLUB**

Join us for this new special series where we will celebrate all of the birthdays of the month! Come if it's your birthday or to celebrate everyone else's! Treats and coffee will be provided and you are welcome to bring cards or gifts for the birthday individuals if you wish.

## **COLOURING CLUB**

Come and connect with friends new and old as we relax through colouring adult colouring books. We provide the colouring pages, just bring yourself! No registration required.

## **TECH-KNOW**

Sign up for guidance with your technological troubles! Register in advance in the ALC on the clipboard for timeslot with a general description of assistance needed.

**CRAFTS- Please see flyer for examples** **PLEASE NOTE: All CCC Crafts require registration in the ALC, through email at [alc@communitycareconcepts.ca](mailto:alc@communitycareconcepts.ca), or over the phone 519-634-9225 ext. 9340#.**

**Paper Cup Basket Weaving** - Come and create some yarn-woven miniature baskets out of paper cups!

**Spring Quilling (Pt. 1 & 2)**— Join us as we create lovely paper quilled projects to decorate our homes for the beautiful springtime weather! If you have your own quilling utensils feel free to bring them along!